

CORONAVIRUS DISEASE 2019 (COVID-19)

WHAT IS CORONAVIRUS DISEASE 2019?

Coronaviruses are large groups of viruses common among animals. They can make people sick with mild to moderate upper respiratory tract illness similar to a common cold. Covid-19 is a new coronavirus identified in China. It is associated with a pneumonia outbreak.

SYMPTOMS

The complete clinical picture of Covid-19 is not clear, but symptoms include mild to severe respiratory illness with fever, coughing, difficult breathing and a sore throat.



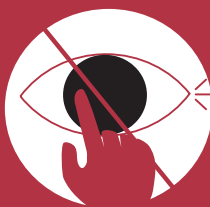
MEASURES IN PLACE

- fever screening at ports of entry
- procedures for case detection and quick diagnosis, isolation and management of cases
- health facilities ready to manage suspected or confirmed cases and appropriate referral and
- follow-ups with contacts of confirmed cases to ensure that the virus does not spread

PREVENTION



WASH HANDS OFTEN.



AVOID TOUCHING WITH UNWASHED HANDS.



AVOID CLOSE CONTACT WITH INFECTED PEOPLE.



COVER YOUR COUGH OR SNEEZE WITH A TISSUE, AND ONCE USED, THROW IT AWAY.

If you are mildly sick, drink lots of fluids, stay at home and rest.

Contact the 24/7 hotline at
021 928 4102.

For more information go to
www.capetown.gov.za/coronavirus

HOW IT SPREADS

It spreads via the air when an infected person coughs or sneezes; close contact such as touching or shaking hands and touching objects or surfaces with the virus on it and then touching your mouth, nose or eyes before washing your hands.



WHO IS AT RISK OF DEVELOPING SEVERE ILLNESS?

While we are still learning about how Covid-19 affects people, older persons and persons with pre-existing medical conditions (such as high blood pressure, heart or lung disease, cancer or diabetes) appear to develop serious illness more often than others.

TREATMENT

There are currently no vaccines available against Covid-19.

Treatment is supportive, e.g. oxygen for shortness of breath or treatment for fever. Antibiotics do not treat viral infections, but it may be used if secondary bacterial infections develop.

Wash your hands. Keep your distance.



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